



GANNON UNIVERSITY Health & Counseling Services

VACCINE SIDE EFFECTS AND LIVESAFE REPORTING

All medications, including vaccines, come with a risk of side effects.

Side effects of ANY injected vaccine can include injection -site redness, injection-site warmth and injection-site discomfort or muscle pain. Symptoms usually resolve in two to four days and can be alleviated with cool compresses or ice to the affected area. If that is not helpful, Ibuprofen or Tylenol can be more effective.

Side effects of the Covid-19 vaccine typically occur within hours to two days after vaccination and can last up to two days. These side effects can include fever, chills, body aches, nausea, vomiting, diarrhea, fatigue, and headache. Ibuprofen or Tylenol can provide some comfort.

To minimize side effects, make sure you are well hydrated and rested prior to and after vaccination.

While bothersome, these symptoms are typically harmless, but they could require a day off work or school for recovery. Gannon University is offering sick time for those who receive the vaccine. For details, see this [policy](#). For students experiencing significant symptoms related to the vaccine, we are advising you to use discretion and communicate directly with your professor.

You don't need to report vaccine side effects through LiveSafe

Because the vaccine's side effects are common and explainable (just like allergy symptoms might be), they should not be reported via LiveSafe, our on-campus, safety app. Please use LiveSafe to document **unexplained symptoms** of concern.

Thank you,
Brenda Boetger, CRNP
Gannon Health and Counseling

https://www.uptodate.com/contents/allergic-reactions-to-vaccines?search=NSAIDS%20after%20vaccination&source=search_result&selectedTitle=1~150&usage_type=default&display_rank=1

https://www.uptodate.com/contents/coronavirus-disease-2019-covid-19-vaccines-to-prevent-sars-cov-2-infection?search=covid%20vaccine%20side%20effects&source=search_result&selectedTitle=2~125&usage_type=default&display_rank=1