

our plan for **re**Knighting

GANNON ATHLETICS RETURN-TO-PLAY PLAN

JANUARY 2021

The following is an excerpt from the Gannon University Athletics COVID-19 Return to Play Plan. The plan in its entirety, can be found at: https://gannonsports.com/documents/2020/8/4/2020_21_Athletic_Health_and_Safety_Plan.pdf

General Return to Play Overview

The return to play plan includes:

- COVID-19 testing
- Daily health screenings
- Smaller “pod” systems for athletics activities
- Virtual team meetings when applicable
- Reduced room capacity and social distancing procedures when in-person meetings are needed
- Office meetings by appointment only with a maximum of two people with masks and social distancing
- Isolation and contact tracing procedures if someone tested positive
- Increased cleaning and sanitation of athletic facilities, vans and buses
- Traffic flow patterns for athletic facilities
- PPE equipment for athletic training personnel and athletic personnel
- Additional hand sanitizer throughout athletic facilities and on sidelines
- Individual items for student-athletes such as face coverings and water bottles
- Laundry service for athletic-related clothing
- Reduced capacity in the athletic training room, aided by an online system for appointments
- Social distancing at practice where applicable
- Masks being worn at all times where applicable

Prior to Campus Arrival – Student-Athletes

All student-athletes are required to submit a COVID-19 Student-Athlete Daily Symptom Check Form through the ARMS software every day. Student-athletes will receive a reminder through ARMS each day to complete this task. This form will ask the student-athlete if he/she has a high temperature, had any close contact with someone with COVID-19 in the past two weeks, and whether he/she is experiencing symptoms related to COVID-19.

Beginning this daily process prior to the return to campus is an important step in preparing to return to both campus and athletics in the safest way possible. Completion of the daily symptom checks will be required to participate in any athletic activities.

The daily symptom checks completed through the ARMS software will be done in addition to the university’s daily screening process.

Prior to Campus Arrival – All Students

The safety of our student population begins before you even arrive on campus, based on the plan Gannon University has set in place. Here is how it will work:

Every student is encouraged to self-quarantine at home for the two weeks prior to their arrival on campus and MUST complete the LiveSafe COVID-19 questionnaire for the 14 days immediately prior to arrival – and each day thereafter. Students coming to Gannon from outside Pennsylvania or who have traveled outside the state in the 14 days prior to arrival are required to complete two tests. You will be required to quarantine until the first test result is received, and will complete a limited quarantine (attend educational and university obligations only) until the second test result is received.

LiveSafe App

The University has upgraded the services available through the LiveSafe app to include a daily COVID-19 survey that each of us will be required to complete prior to arriving on campus – or, if you live on campus, before going to class. We are also asking that you begin taking the daily survey two weeks before your return to campus.

Gannon has been using the LiveSafe app for four years as a campus safety platform. Students, faculty and staff have been able to use the app for emergencies, to report suspicious activity and to hail the Knight Watch van for rides home. All of those services are still available.

Now, however, the app also features the mandatory daily COVID-19 survey, a tip line for COVID-19 related questions or observations, and a robust amount of information and resources regarding COVID-19 and other ways to maintain your well-being.

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The daily COVID-19 survey is vital.

The survey is just four questions: It asks if you have any of the symptoms of COVID-19; if you've been in contact with someone who has or is suspected of having COVID-19; if you have tested positive for COVID-19 since your last survey response; and if you've traveled outside Pennsylvania in the last 14 days.

After passing the screening, a green checkmark will appear on your screen. For students in Erie, you will be asked to show that green check to be in class.

Don't have LiveSafe? Find instructions to download it here: <https://update.gannon.edu/Documents/GannonLivesafeErieDownload.pdf>.

Socialization Prior to Returning to Campus

Providing the safest possible conditions for student-athletes, University students, coaches, staff and faculty to return to campus is a team effort. While we all can help monitor social distancing, wearing of masks and sanitation to help prevent the spread of COVID-19 while together on campus, it is imperative that we also do so prior to returning to campus.

Personal responsibility will be of the utmost importance, as we take steps to ensure student-athletes are healthy when everyone returns to campus. In the same way that a student-athletes' personal off-season training benefits them and their team, the actions student-athletes take during this time will help drive the success of every team and the university.

Return Policy

All Gannon student-athletes will be mandated to progress through the following steps before they will be cleared to begin any physical activities.

- COVID-19 testing
- Education through a variety of platforms to ensure an understanding of safe physical distancing and other measures to help prevent the spread of COVID-19
- Upon a negative COVID-19 test result, a physical exam conducted by Gannon team physicians and athletic trainers
- Mental wellness screening

- All necessary paperwork (NCAA/Gannon compliance, Athletic Training, Insurance and Media Relations)

Move-In Procedures

On arrival, all students will be temperature checked and asked the screening questions. Once temperature screening has been completed, the student-athlete must complete the LiveSafe application questionnaire and present the green check mark. Student-athletes will also receive COVID-19 testing.

Those who have traveled to campus from out-of-state or who have traveled outside Pennsylvania in the 14 days prior to arrival will be tested on arrival on Day 1 and will receive a second test around Day 5. They will be required to quarantine (no contact with others) until the results of their first test are received. After that is received, they will follow limited quarantine guidelines until they receive their second test result, only attending educational and university obligations and picking up to-go meals. Those who test positive after either test will have to get another test for confirmation of the diagnosis and will be in isolation on campus pending that result.

Testing will continue as needed beyond move-in for those showing symptoms or suspected of having COVID-19.

Athletics Facilities

Our daily procedures and processes will look different as we plan a safe return to play. A large part of this plan reflects our need to adhere to appropriate health and social distancing guidelines.

RWC Varsity Weight Room Bullet Points

- Maximum Capacity: 55
- No group gatherings in the area located outside of the varsity weight room. This area is to remain clear for only individuals traveling through.
- All individuals must enter the varsity weight room through the main doors near the cardio equipment.
- Hand sanitizer will be located at the entrance. It must be used upon entering and exiting the facility.
- Social distancing must be adhered to at all times.
- Face coverings are highly encouraged during workouts.
- Disinfectant will be available throughout the facility.

Student-athletes must wipe down their equipment before moving to another station or leaving the room. Students are expected to hold each other accountable. Coaches and staff will also participate in consistent cleaning while monitoring student groups.

- Daily cleaning by Gannon staff will occur outside of normal workout times.

Hammermill Center Weight Room Bullet Points

- Maximum Capacity: 20
- No group gatherings in the back hallway leading to the weight room. This area is to remain clear for only individuals traveling through.
- Hand sanitizer will be located at bottom of the stairs leading into the weight room. It must be used upon entering weight room, as well as exiting.
- Social distancing must be adhered to at all times.
- Face coverings are highly encouraged during workouts.
- Disinfectant will be available throughout the facility. Student-athletes must wipe down their equipment before moving to another station or leaving the room. Students are expected to hold each other accountable. Coaches and staff will also participate in consistent cleaning while monitoring student groups.
- Daily cleaning by Gannon staff will occur outside of normal workout times.

RWC Film Room and Conference Room Bullet Points

- Film Room Maximum Capacity: 21
- Conference Room Maximum Capacity: 12
- Chairs and table are not to be moved and must remain in place.
- Face coverings are mandated at all times in both rooms.
- Hand sanitizer will be located at the entrance to both rooms. It must be used upon entering and exiting.
- Coaches, staff and student-athletes must wipe down tables and chairs with provided disinfectant after each session.
- Daily cleaning by Gannon staff will occur outside of occupancy times.
- Virtual meetings are highly encouraged and the RWC film and conference room will only be used when it is absolutely necessary for in-person meetings.

McConnell Family Stadium Bullet Points

- Specific travel flows have been developed to enter and exit athletic training rooms. That procedure is developed to maintain social distancing and students will receive complete information upon arrival on campus.
- Any individual without athletic training needs must enter the facility through the ticket window gate and must exit through the south side gate.
- Hand sanitizer will be located at the entrance to all athletic training rooms. It must be used upon entering and exiting. Hand sanitizer will also be located throughout the facility and on the sidelines. Students are expected to consistently use it as needed.
- Maximum capacity for restrooms has been reduced. Please adhere to those signs.
- Locker rooms will only be accessible on gameday.
- During Pennsylvania's current "green" phase (as of July 27), maximum capacity for the facility will be 250. This capacity is subject to change based on any changes to the state's health phase.
- Student-athletes will only have access to the facility for practice and/or individual workouts. There will be no exceptions.
- Face coverings are mandated at all times when not practicing or during practice idle times, such as, but not limited to standing on the sidelines.
- Social distancing must be adhered to at all times when possible.
- Daily cleaning by Gannon staff will occur throughout the day.

Hammermill Center Bullet Points

- Signage has been installed to reflect specific travel flows developed to maintain social distancing and low density.
- Each baseline has one-way traffic flows.
- Back locker room hallway features a one-way traffic flow.
- Doors are designated specifically for entering and exiting.
- Hand sanitizer will be located throughout the facility (front lobby, locker room entrances, restrooms, etc.) and on the sidelines. Students are expected to

consistently use it as needed.

- Student-athletes will only have access to the facility for practice and/or individual workouts. There will be no exceptions.
- Face coverings are mandated at all times when not practicing or during practice idle times, such as, but not limited to standing on the sidelines.
- Social distancing must be adhered to at all times when possible.
- Daily cleaning by Gannon staff will occur throughout the day.

Carneval Athletic Pavilion Pool Bullet Points

- Hand sanitizer will be located throughout the facility. Students are expected to consistently use it as needed.
- Protocols are currently being finalized in conjunction with the Recreation and Wellness Center.
- Daily cleaning by Gannon staff will occur throughout the day.

RWC Indoor Turf Facility Bullet Points

- No group gatherings in the area located outside of the turf facility and varsity weight room. This area is to remain clear for only individuals traveling through.
- All individuals must enter the turf facility through the entrance near the varsity weight room.
- Hand sanitizer will be located at the front and back doors. It must be used upon entering and exiting the facility.
- Social distancing must be adhered to at all times when possible.
- Daily cleaning by Gannon staff will occur outside of normal workout times.

Athletics Department Offices Bullet Points

- Meetings should be scheduled in advance to help coordinate social distancing. Student-athletes are asked to not drop by offices without scheduling an appointment or verbally connecting with that specific individual.
- Face coverings are mandated at all times within Gannon athletics department offices.
- Daily cleaning by Gannon staff will occur in their respective offices each day.